



Coronavirus

Guidance for the Clinically Extremely Vulnerable

- From 6 July you can gather in groups of up to 6 people outdoors whilst maintaining social distancing and form 'support bubbles' with another household if you live alone
- Wear a face covering on public transport, in shops, for hospital visits and GP appointments if required by your surgery
- Shielding support package will be continued until the end of July
- From 1 August you can return to work if necessary and participate in activities such as going to the shops or a place of worship
- From August continue accessing priority supermarket delivery slots and NHS Volunteer Responder Scheme

Do you need help with shopping or collecting prescriptions?

Contact: **Dorchester Community Support Group**

01305 300265 or 07562 389519

dorchestercommunityhelp@gmail.com

lovedorch.com

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